



TEAM CAPTAIN MEETING

Wurth Modyf ISMF World Cup – FLAINE 2022

Flaine – Haute-Savoie – April 6-9th



Present at the TCM table

- | | |
|---|-------------------------------------|
| • President of the LOC : | Lieutenant-Colonel Ludovic ROUGELOT |
| • ISMF Official Delegate : | Regula MEIER |
| • ISMF Event Director : | Roberto CAVALLLO |
| • President of the Tech. Jury : | Oriol MONTERO |
| • LOC Race Director Individual & Sprint races : | Olivier MANSIOT |
| • LOC Individual race Trail manager | Alexandre PELLICIER |
| • LOC Race Director Vertical race : | Gael RASTOUT |
| • ISMF Technical Delegate : | Stefano MOTTINI |
| • Speaker : | Christine CAVAGNET |

The Event Jury

- ISMF Event Director: *Roberto CAVALLO*
- LOC Race Director: *Olivier MANSIOT (Indiv./Sprint) Gael RASTOUT (VR)*
- ISMF Technical Delegate: *Stefano MOTTINI*
- President of the Tech. Jury: *Oriol MONTERO*

The Technical Jury

Members with right to vote:

- President of the Tech. Jury: Oriol MONTERO
- 1° ISMF Referee: Marion MANEGLIA
- 2° ISMF Referee: Oscar FERNANDEZ

Members without right to vote:

- ISMF Event Director: Roberto CAVALLO
- ISMF Technical Delegate: Stefano MOTTINI
- LOC Race Director: Olivier MANSIOT / Gael RASTOUT



Programme of the Event

WEDNESDAY APRIL 6th

- Individual Race

THURSDAY APRIL 7th

- Vertical Race
- Individual/VR Medals ceremony
- Individual/VR WORLD CUP speciality ranking ceremony

FRIDAY APRIL 8th

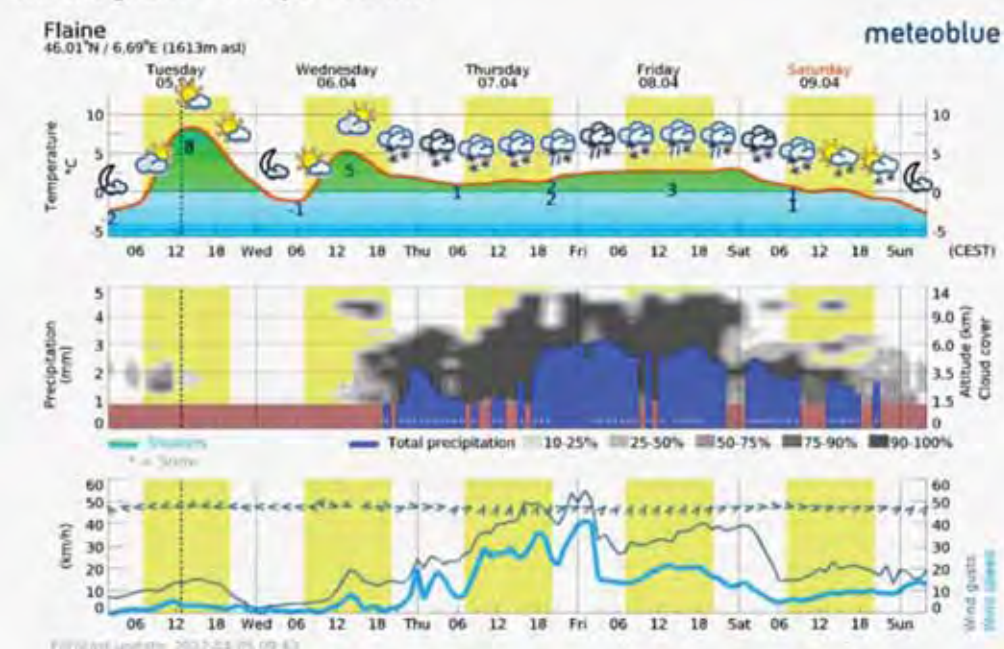
- Sprint U20

SATURDAY APRIL 9th

- Sprint senior
- Sprint U20/Senior Medals ceremony
- Sprint WORLD CUP speciality ranking ceremony
- Overall WORLD CUP ceremony

Wheater Forecasts & Snow Conditions

Meteogram - 5 days - Flaine



Wednesday





INDIVIDUAL RACE

Wednesday April 6th



Programme of the Event

WEDNESDAY APRIL 6th

- 8:20 TCM (start area)
- 8:50 U20 Men start
- 9:20 Senior Women Start
- 10:00 Senior Men start
- 10:45 U20 Women start (near the cable car station Aup de Véran)

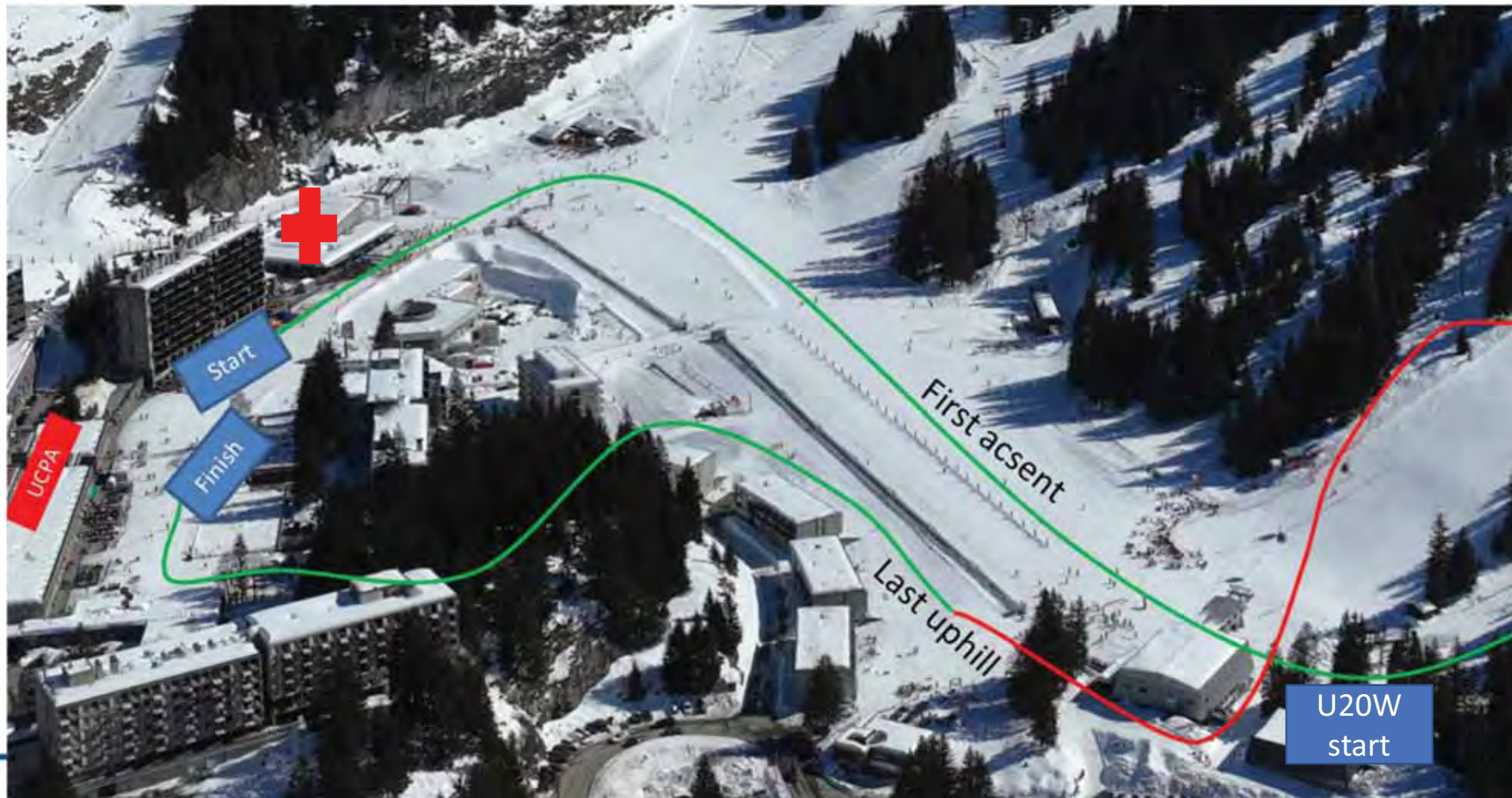
Flower ceremonies after each race

- 12:30/14:00 : lunch at UCPA

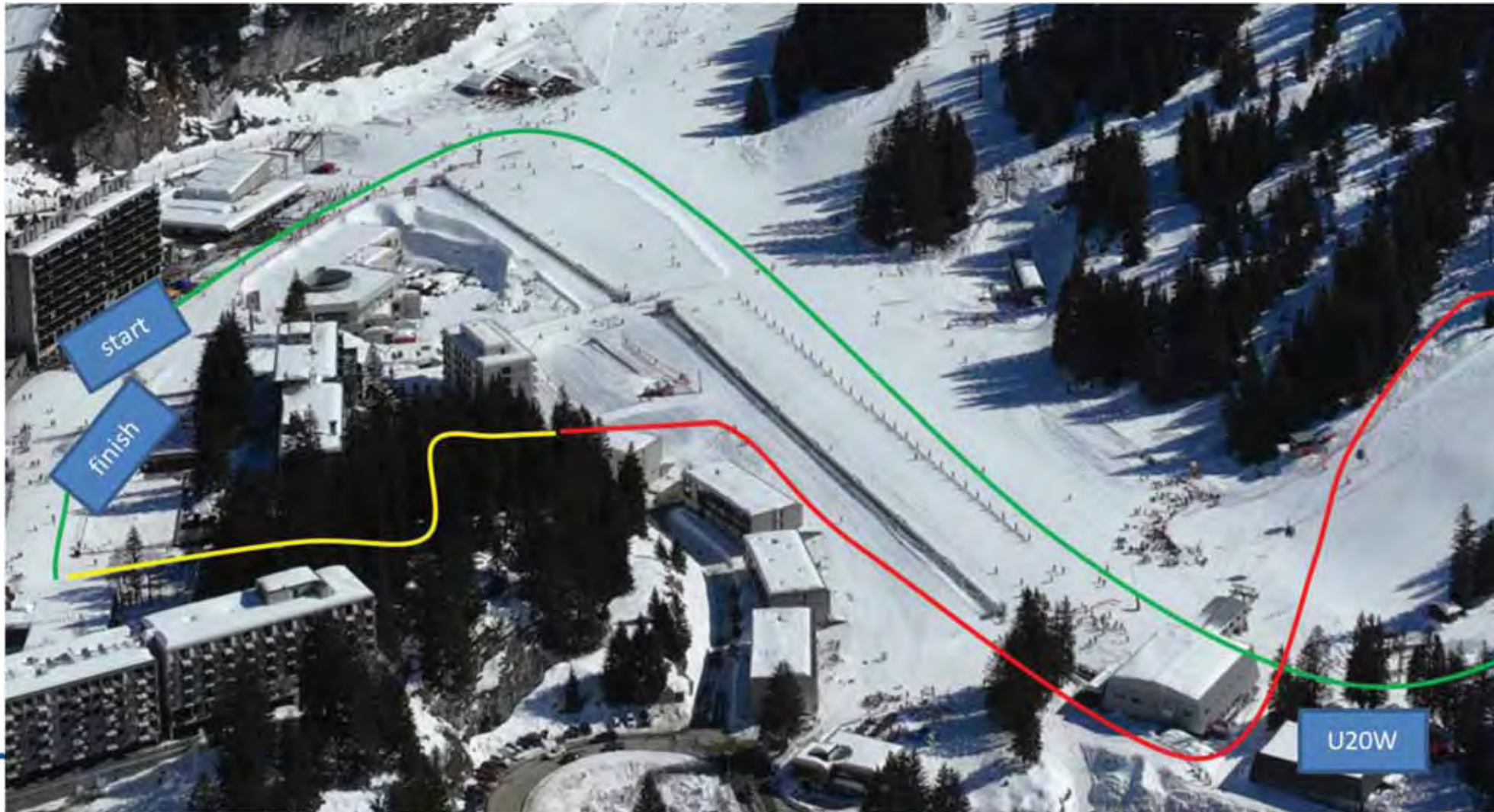
THURSDAY APRIL 7th

- 17:00 Medals ceremony (Auditorium)

Race Location

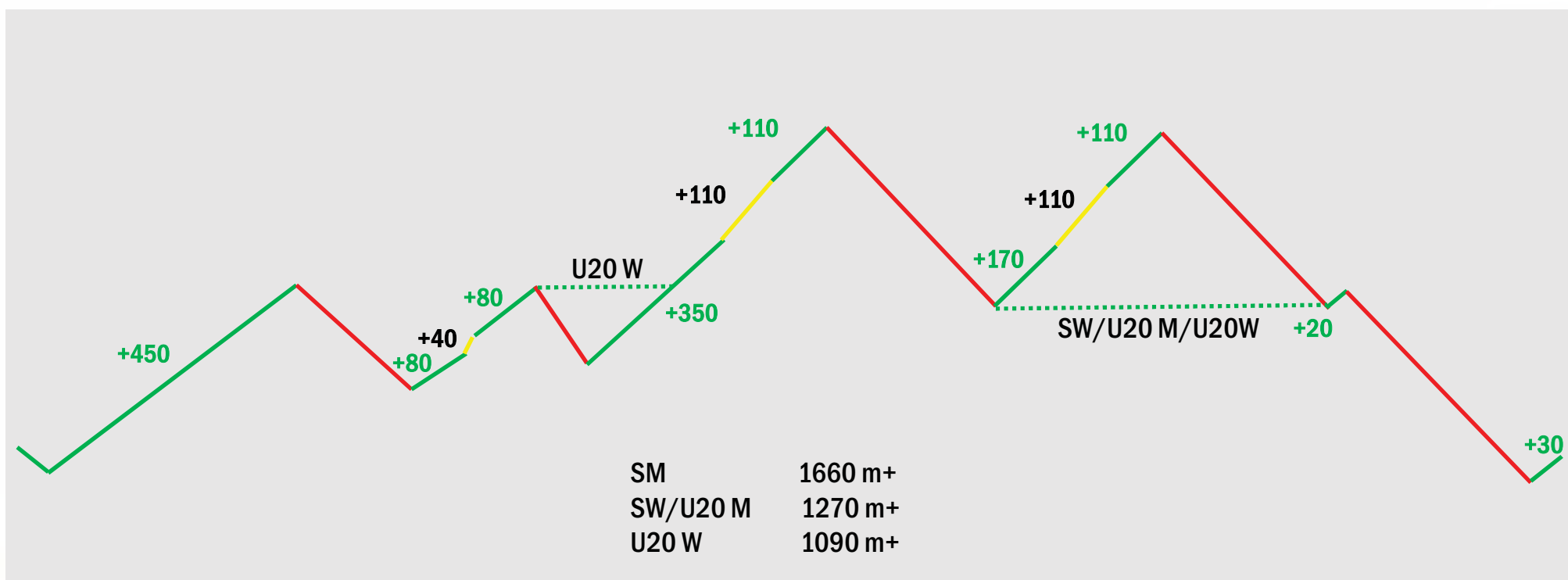


If not enough snow (decided in morning TCM)





PROFIL



1st DOWNHILL (END)

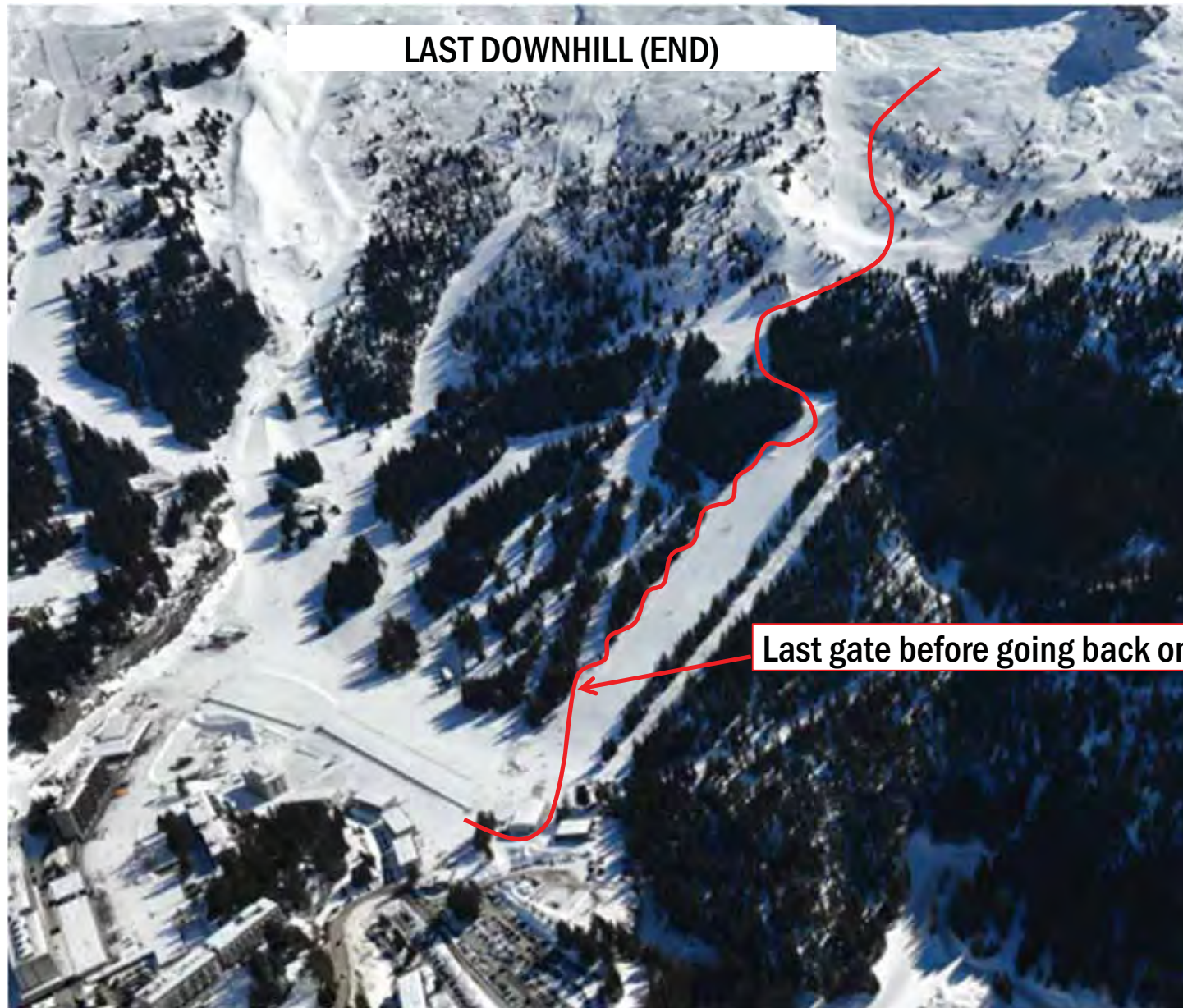


3rd DOWNHILL (FROM SUMMIT)



LAST DOWNHILL (END)





Tracks



Senior W/M and U20M
REFRESHMENT ZONE :
point 7

U20W
REFRESHMENT ZONE :
point 6

TECHNICAL ZONES :
points 7 and 11



Individual Race Compulsory Equipment

COMPULSORY EQUIPMENT	INDIVIDUAL
Passport/National ID card or a copy (in the backpack or race suit)	X
Skis	X
Bindings	X
Boots	X
Ski poles	X
Skins (one pair min.)	X
Helmet	X
Gloves	X
Backpack	X
Three layers up	X
Two layers down	X
DVA	X
Snow shovel	X
Snow probe	X
Survival blanket	X
Eyewear	X
Whistle	X
Mask (2 pieces)	X

+ crampons (Will be confirmed at the morning TCM)

Cut-off for Senior Men

Point 12 : 11:30

Cut-off for U20 Women

Point 6 : 12:15 (after cut-off go directly to the finish line)



VERTICAL RACE

Thursday April 7th

Programme of the Event

WEDNESDAY APRIL 6th

- 18:00 Bib distribution (UCPA desck)

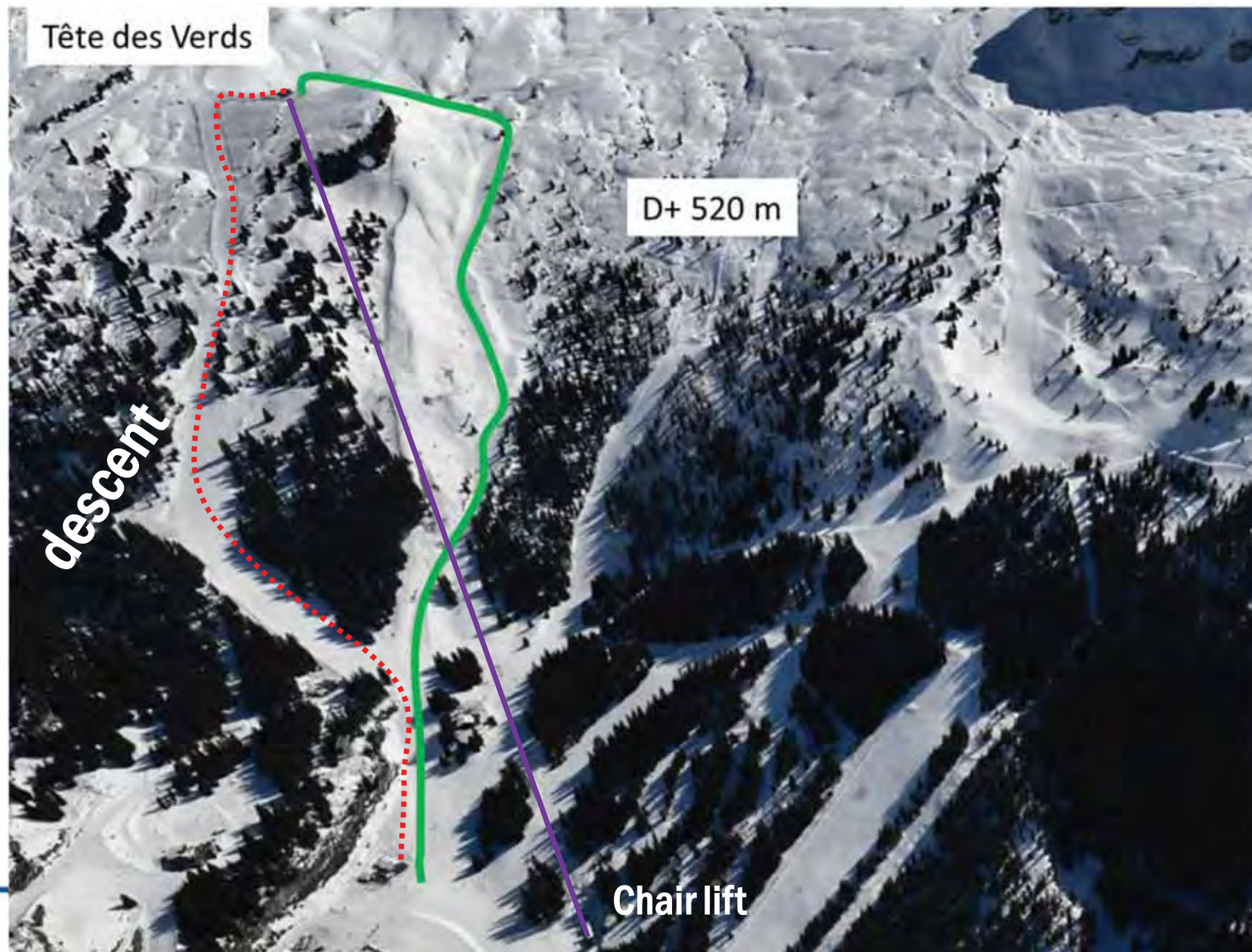
THURSDAY APRIL 7th

- 8:30 TCM (start area)
- 9:00 Senior Women
- 9:20 U20 Men
- 9:50 Senior Men
- 10:10 U20 Women

Flower ceremonies after each race on the top
(except if too much wind : could be planned at start area for every one at 11:00 → will be decided at the TCM)

12:30/14:00 : lunch at UCPA

- 17:00 Medals ceremony (Auditorium)



VR Compulsory Equipment

COMPULSORY EQUIPMENT	VERTICAL
Passport/National ID card or a copy (in the backpack or race suit)	X
Skis	X
Bindings	X
Boots	X
Ski poles	X
Skins (one pair min.)	X

- + covid mask (2 pieces)
- + gloves
- + helmet
- + rucksack
- + 3rd and 4th upper layer

Racer's bag on finish line

Racers can leave another rucksack with warm clothes at the station of Tete des Verds chair lift.

The organizers will carry this bag up to the finish line.



SPRINT RACE

Friday April 8th
Saturday April 9th

Programme of the Event

THURSDAY 7th

- 18:00 Bib distribution (Auditorium)

FRIDAY APRIL 8th

- 16:00 TCM
- 16:30 U20 recognition
- 17:00 U20 qualification
- 19:00 Flower ceremony
- 19:00/20:30 : dinner at UCPA

SATURDAY APRIL 9th – Senior race

- 8:30 TCM
- 9:00-9:15 Recognition
- 9:30 Senior Qualification
- 11:40 Flower ceremony
- 12:15 Medals ceremony (Auditorium)
- 12:40 WORLD CUP Sprint speciality ranking ceremony
- 12:50 WORLD CUP overall ranking ceremony



Sprint races compulsory Equipment

COMPULSORY EQUIPMENT	SPRINT
Passport/National ID card or a copy (in the backpack or race suit)	X
Skis	X
Bindings	X
Boots	X
Ski poles	X
Skins (one pair min.)	X
Helmet	X
Gloves	X
Backpack	X

+ covid mask (2 pieces)



OTHER INFORMATION

Accommodation check out (Saturday)

For each team :

- Minimum one room can be kept until 15:00
- Other bedrooms must be freed at 9:00

The list of rooms mandatory check-out before 9:00 is available on the UCPA desk.

Bib 's & Chip 's Position



Bib on the backpack

Bib on both thighs (right & left)

Chip above or below the calf



Case of abandon of an athlete

An athlete having difficulties may give up on his/her own initiative or be forced to give up by decision of the race director or the doctor.

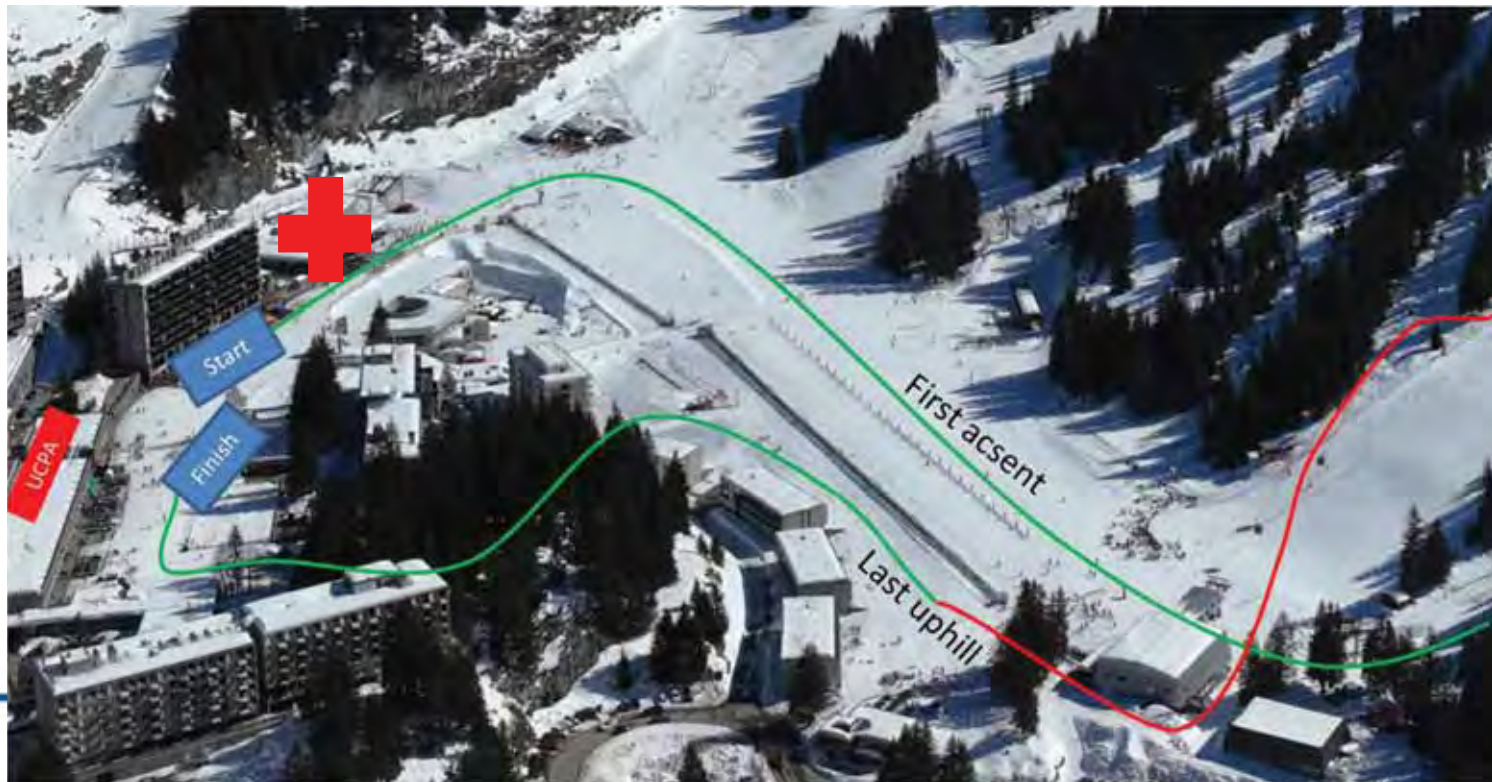
Every athlete having withdrawn **MUST** inform the President of the Technical Jury (or a representative of him/her) upon arrival at the finish area, and especially the Anti-Doping Delegate.

The athletes having withdrawn may also be subjected to doping control.

In case of abandon, the athlete who does not inform the organisation will start in the rear part in the following competition.

Medical Assistance Area

- Doctor at Lift Aup Veran top station
- Doctor at the top of VR
- First aid at Service des Pistes



Most important LOC 's people

In case of emergency : *Gael RASTOUT* *+33 6 32 77 79 69*

Other problems : *MANSIOT Olivier* *+33 676 424 762*

Covid -19



**PHYSICAL
DISTANCE
1 METER
MINIMUM**



**MANDATORY
HAND
WASHING**



**MANDATORY
MASK
ZONE**

insert: Logo(s) of eventual local sponsor(s)

Covid -19



Covid-19 responsible for each team

To ask the ISMF Office for this information

ISMF Covid-19 Coordinator

Roberto Cavallo 0039 3355745945 rcavallo@ismf-ski.org

LOC Covid-19 Coordinator

Emilie GHEUX e.gheux@ffme.fr +33 61 66 09 98



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