



TEAM CAPTAIN MEETING



ADAMELLO WORLD CUP 2021
PONTE DI LEGNO – 16th 17th DECEMBER 2021
SPRINT & VERTICAL RACE



Present at the TCM table

- President of the LOC: ALESSANDRO MOTTINELLI
- ISMF Official Delegate: REGULA MEIER
- ISMF Event Director: ROBERTO CAVALLO
- President of the Tech. Jury: ORIOL MONTERO
- LOC Race Director: GUIDO SALVETTI
- ISMF Technical Delegate: STEFANO MOTTINI
- Speaker: CHRISTINE CAVAGNET



The Event Jury

- ISMF Event Director: ROBERTO CAVALLO
- LOC Race Director: GUIDO SALVETTI
- ISMF Technical Delegate: STEFANO MOTTINI
- President of the Tech. Jury: ORIOL MONTERO



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The Technical Jury

Members with right to vote:

- President of the Tech. Jury:
- 1° ISMF Referee:
- 2° ISMF Referee:

ORIOR MONTERO
DANIEL BUEHLMANN
DAREK FINSTER

Members without right to vote:

- ISMF Event Director:
- ISMF Technical Delegate:
- LOC Race Director:

- National Referees:

ROBERTO CAVALLO
STEFANO MOTTINI
GUIDO SALVETTI

ROCCO ROMAGNA – LAURENT PERRUCHON



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Programme of the Event

THURSDAY 16th DECEMBER 2021

SPRINT RACE – Race area: PONTE DI LEGNO

FRIDAY 17th DECEMBER 2021

VERTICAL RACE – Race Area: PONTE DI LEGNO

SUNDAY 19th DECEMBER 2021

INDIVIDUAL RACE – Race Area: PASSO PARADISO



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Programme of the Sprint Race U20

THURSDAY 16 DECEMBER 2021

FROM 10:00 TO 12:00 bib's distribution sprint /vertical

H 14:45 Team Captains Meeting at the Start Line

H 15:25 Start U20 Training

H 15:40 End U20 Training

H 15:55 Qualifications U20 M (last start 16:03:40)

H 16:04 Qualifications U20 W (last start 16:08:00)

H 16:25 1-1/4 U20 Men

H 16:30 2-1/4 U20 Men

H 16:35 3-1/4 U20 Men

H 16:40 4-1/4 U20 Men

H 16:45 1-1/2 U20 Women

H 16:50 2-1/2 U20 Women

H 17:00 1-1/2 U20 Men

H 17:05 2-1/2 U20 Men

H 17:15 Final U20 Women

H 17:25 Final U20 Men

H 17:40 Flower Ceremony U20



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Programme of the Sprint Race Senior

H 17:30 Start Senior Training

H 17:45 End Senior Training

H 18:00 Qualifications SW (last start 18:10:40)

H 18:12 Qualifications SM (last start 18:30:00)

LIVE STREAMING!!!!!!

H 18:45 1-1/4 Senior Women

H 18:50 2-1/4 Senior Women

H 18:55 3-1/4 Senior Women

H 19:00 4-1/4 Senior Women

H 19:05 5-1/4 Senior Women

H 19:10 1-1/4 Senior Men

H 19:15 2-1/4 Senior Men

H 19:20 3-1/4 Senior Men

H 19:25 4-1/4 Senior Men

H 19:30 5-1/4 Senior Men

H 19:40 1-1/2 Senior Women

H 19:45 2-1/2 Senior Women

H 19:50 1-1/2 Senior Men

H 19:55 2-1/2 Senior Men

H 20:05 Final Senior Women

H 20:15 Final Senior Men

H 20:30 Flower Ceremony U23 + Senior



Race Location

SPRINT RACE AND
START VERTICAL RACE
AREA



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Tracks

SPRINT RACE MAP
SIMILAR LAST YEAR



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Coach Zone



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Coach Zone

Crampons
compulsory



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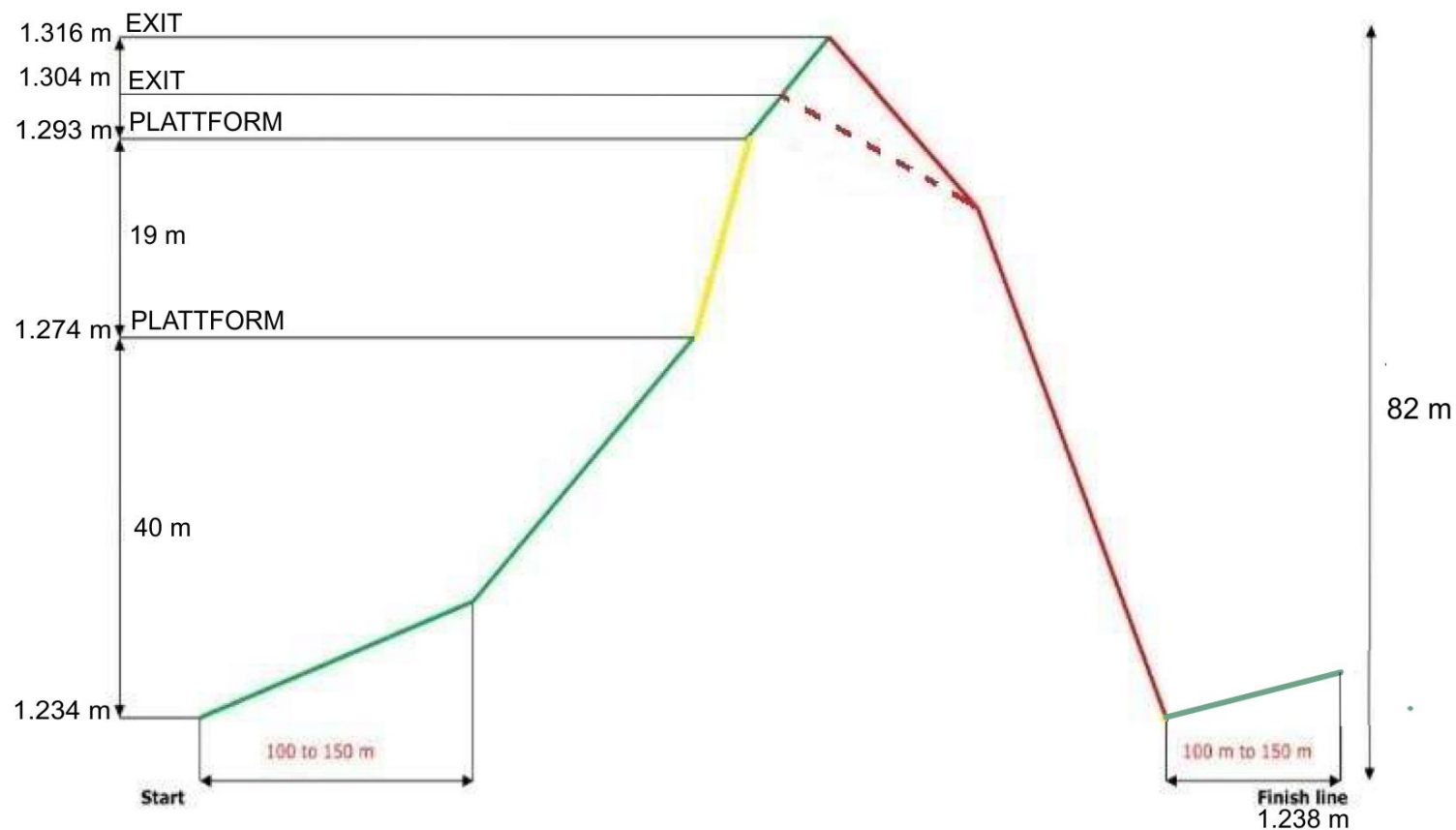


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Tracks

SPRINT RACE PROFILE



Weather Forecasts

THURSDAY 16 DECEMBER 2021
SPRINT RACE
PONTEDILEGNO AREA

Ora	Tempo	T (°C)	Vento (km/h)	Precipitazioni	Quota 0°C	Visibilità	U.R.
1	 poco nuvoloso	4.3°	 NE 9 / 10 debole	- assenti -	2800m	>10km buona	86%
4	 poco nuvoloso	3.8°	 NNE 8 / 12 debole	- assenti -	2770m	>10km buona	86%
7	 sereno	2.9°	 NNE 7 / 13 debole	- assenti -	2560m	>10km buona	86%
10	 sereno	5.6°	 N 8 / 16 debole	- assenti -	2570m	>10km buona	76%
13	 poco nuvoloso	7.3°	 N 7 / 14 debole	- assenti -	2560m	>10km buona	80%
16	 poco nuvoloso	3.9°	 NNE 8 / 15 debole	- assenti -	2370m	>10km buona	76%
19	 poco nuvoloso	1.8°	 NE 9 / 13 debole	- assenti -	2090m	>10km buona	78%
22	 sereno	1.7°	 NE 15 moderato	- assenti -	2000m	>10km buona	80%
1	 sereno	2.2°	 NE 16 / 19 moderato	- assenti -	1990m	>10km buona	86%



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Compulsory Equipment

COMPULSORY EQUIPMENT	TEAM	INDIVIDUAL	SPRINT	RELAY	VERTICAL
Passport/National ID card or a copy (in the backpack or race suit)	X	X	X	X	X
Skis	X	X	X	X	X
Bindings	X	X	X	X	X
Boots	X	X	X	X	X
Ski poles	X	X	X	X	X
Skins (one pair min.)	X	X	X	X	X
Helmet	X	X	X	X	X*
Gloves	X	X	X	X	X*
Backpack	X	X	X	X	X*
Three layers up	X	X	X*	X*	X*
Two layers down	X	X	X*	X*	X*
DVA	X	X	X*	X*	X*
Snow shovel	X	X	X*	X*	X*
Snow probe	X	X	X*	X*	X*
Survival blanket	X	X	X*	X*	X*
Eyewear	X	X	X*	X*	X*
Whistle	X	X	X*	X*	X*
Mask (2 pieces)	X	X	X	X	X
SUPPLEMENTARY EQUIPMENT					
Fourth layer					
Ski cap or head band					
Second pair of gloves					
Head lamp					
Second pair of eyewear					
Crampons					
Second pair of skins					
Dynamic rope (one per team)					
Harness					
Via Ferrata kit					
Two connectors					



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Programme of the Vertical Race

FRIDAY 17 DECEMBER 2021

H 13:45 Team Captains Meeting at the Start Line

H 14:30 Start U 20M (Start from race area Pontedilegno)

LIVE STREAMING!!!!

H 15:00 Start Senior M (Start from race area Pontedilegno)

H 15:30 Start Senior W (Start from race area Pontedilegno)

H 15:45 Start U 20W (Start from Arrival Chairlift Valbione)

Flowers ceremonies will be held at the arrival area after each categories.



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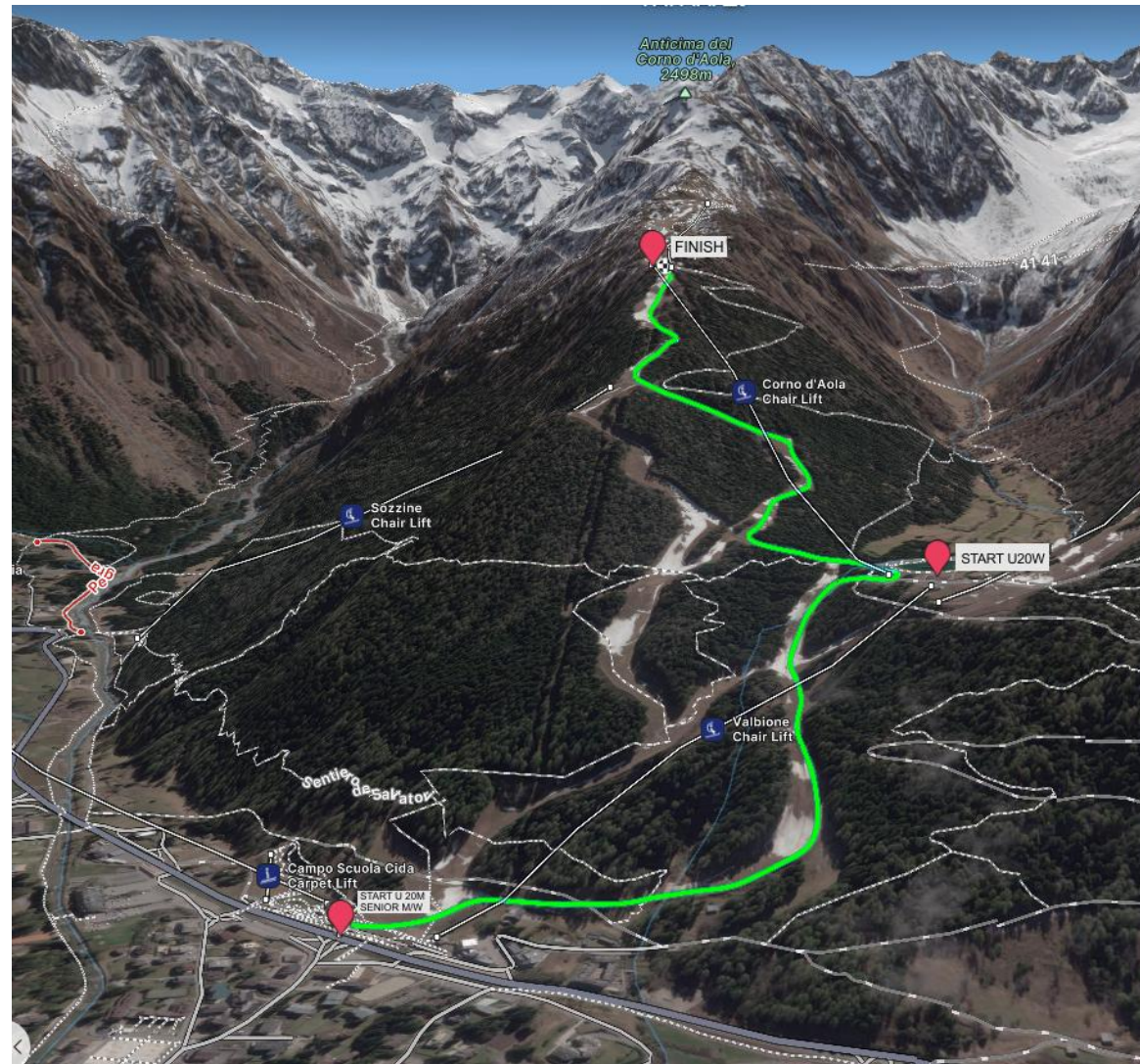


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Tracks

VERTICAL RACE MAP

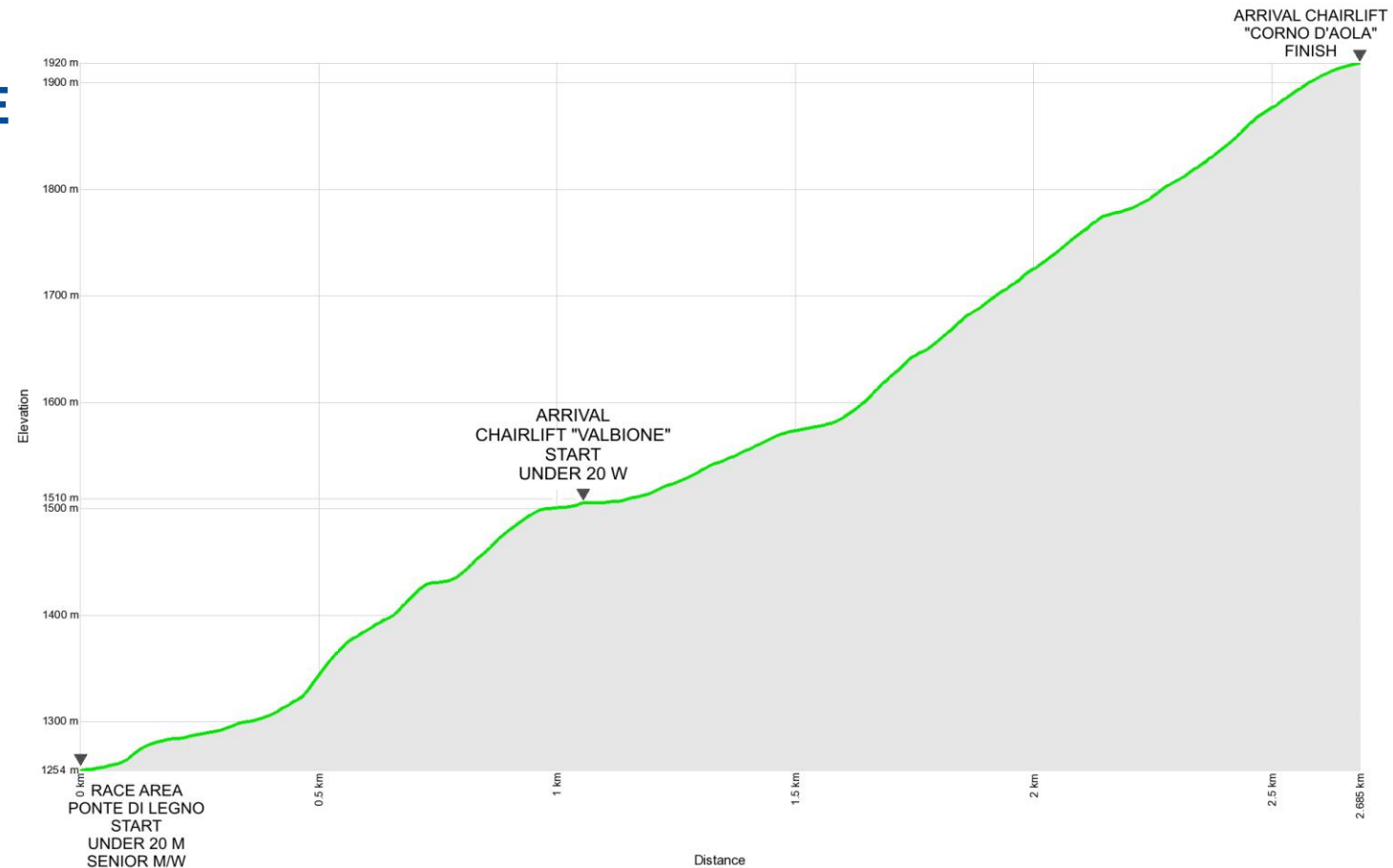


Tracks

VERTICAL RACE PROFILE

U20 W 410 m D+

U20M – SW SM 666 m D+



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Weather Forecasts

FRYDAY 17 DECEMBER 2021
VERTICAL RACE
PONTEDILEGNO AREA

Ora	Tempo	T (°C)	Vento (km/h)	Precipitazioni	Quota 0°C	Visibilità	U.R.
1	 sereno	2.2°	 NE 16 / 19 moderato	- assenti -	1990m	>10km buona	86%
4	 sereno	2.2°	 ENE 13 / 17 moderato	- assenti -	2130m	>10km buona	82%
7	 sereno	0.9°	 ENE 7 / 13 debole	- assenti -	2300m	>10km buona	70%
10	 sereno	4.8°	 NNE 5 / 11 debole	- assenti -	2490m	>10km buona	73%
13	 sereno	7.7°	 N 7 / 13 debole	- assenti -	2700m	>10km buona	72%
16	 sereno	3.8°	 N 9 / 22 debole	- assenti -	2460m	>10km buona	68%
19	 sereno	1.6°	 N 9 / 21 debole	- assenti -	2150m	>10km buona	72%
22	 sereno	0.2°	 NNE 8 / 16 debole	- assenti -	2010m	>10km buona	71%
1	 poco nuvoloso	-0.1°	 NNE 9 / 14 debole	- assenti -	al suolo e a 1990m	>10km buona	67%



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Compulsory Equipment

COMPULSORY EQUIPMENT	TEAM	INDIVIDUAL	SPRINT	RELAY	VERTICAL
Passport/National ID card or a copy (in the backpack or race suit)	X	X	X	X	X
Skis	X	X	X	X	X
Bindings	X	X	X	X	X
Boots	X	X	X	X	X
Ski poles	X	X	X	X	X
Skins (one pair min.)	X	X	X	X	X
Helmet	X	X	X	X	X*
Gloves	X	X	X	X	X*
Backpack	X	X	X	X	X*
Three layers up	X	X	X*	X*	X*
Two layers down	X	X	X*	X*	X*
DVA	X	X	X*	X*	X*
Snow shovel	X	X	X*	X*	X*
Snow probe	X	X	X*	X*	X*
Survival blanket	X	X	X*	X*	X*
Eyewear	X	X	X*	X*	X*
Whistle	X	X	X*	X*	X*
Mask (2 pieces)	X	X	X	X	X
SUPPLEMENTARY EQUIPMENT					
Fourth layer					
Ski cap or head band					
Second pair of gloves					
Head lamp					
Second pair of eyewear					
Crampons					
Second pair of skins					
Dynamic rope (one per team)					
Harness					
Via Ferrata kit					
Two connectors					



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Bib 's & Chip 's Position

Bib on the backpack
on the back

Bib on both thighs (right
& left)

Chip above or below the calf



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Case of abandon of an athlete

An athlete having difficulties may give up on his/her own initiative or be forced to give up by decision of the race director or the doctor.

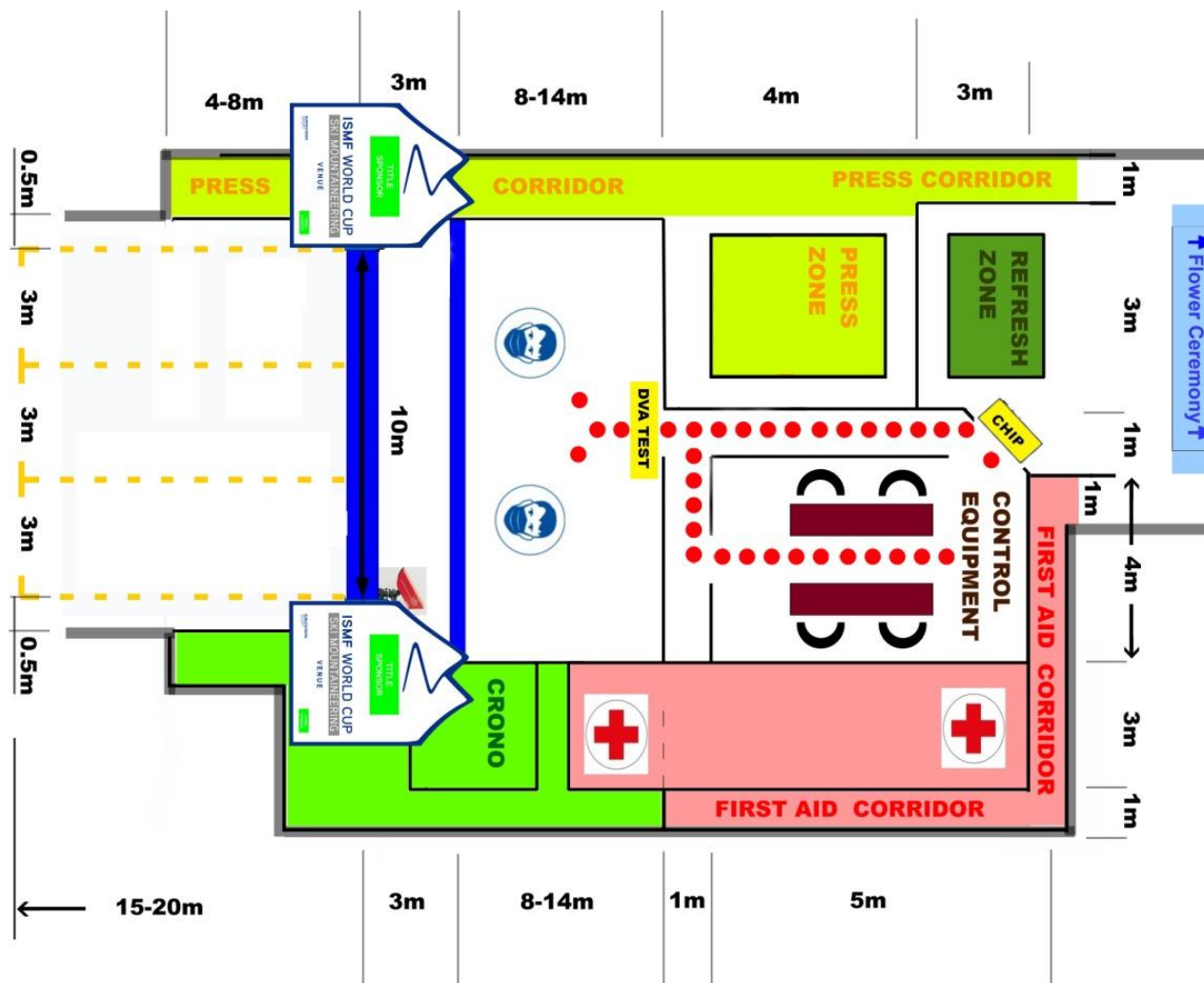
Every athlete having withdrawn MUST inform the President of the Technical Jury (or a representative of him/her) upon arrival at the finish area, and especially the Anti-Doping Delegate.

The athletes having withdrawn may also be subjected to doping control.

In case of abandon, the athlete who does not inform the organisation will start in the rear part in the following competition.

Arrival Area

ISMF ARRIVAL



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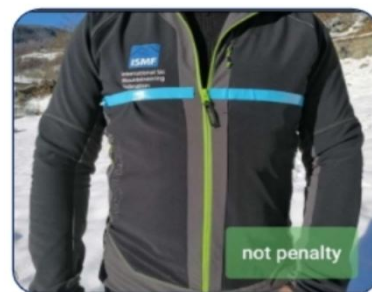
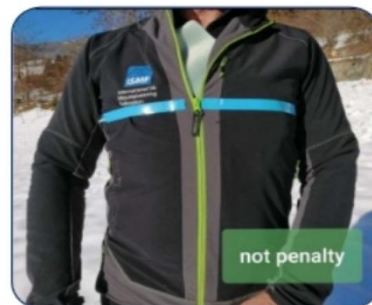


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Information about Skins

11. Appendix 5: Skins storage pictures



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Most important LOC 's people

LOC RESCUE TEAM MANAGER: Pierangelo MAZZUCHELLI +39 3475949143

LOC DOCTOR: Dott. TAVERNITI +39 3333309749

LOC EVENT MANAGER: Alessandro MOTTINELLI +39 3356746118

LOC GENERAL SECRETARY: Giovanni MACULOTTI +39 3381777070

LOC RACE DIRECTOR Guido SALVETTI +39 3477217859

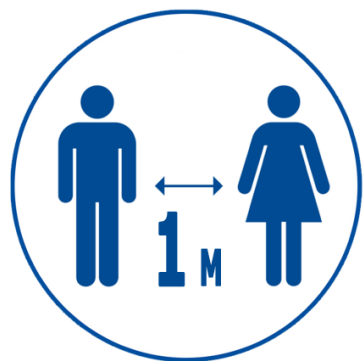
LOC TRAIL DIRECTOR Mario STERLI +39 3358036219



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Covid -19



**PHYSICAL
DISTANCE
1 METER
MINIMUM**



**MANDATORY
HAND
WASHING**



**MANDATORY
MASK
ZONE**



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Covid -19

Covid-19 responsible for each team

To ask the ISMF Office for this information

ISMF Covid-19 Coordinator

ROBERTO CAVALLO +39 3355745945 rcavallo@ismf-ski.org

LOC Covid-19 Coordinator

SONIA MENICI +39 3335387654 sonia@pontedilegnotonale.com



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Extra Information

Official awarding ceremonies of sprint and vertical races will be held on Saturday 18th December at 17.00 in the historical centre square of Ponte di Legno

Piazza XXVII Settembre – Ponte di Legno

Teams Captains' meeting for Individual Race will be at 18.30 on Saturday 18th December at the town hall (Race Office)

No skipass needed to reach the start area for U20W and the arrival area (starting bib will be necessary). Each team will receive 2 skipasses to go up.

The transport of the bags with clothes and material will be done by the LOC. Bags should be left at the start of Valbione chairlift.



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PONTE DI LEGNO – 16th 17th DECEMBER 2021
SPRINT & VERTICAL RACE

