



13th International Ski Mountaineering Youth Camp

Photo: Karl Posch

Obertauern/Austria from 13th to 15th of December 2019
Participation open for participants aged 12 to 20



RIAP SPORT
Bad Reichenhall

SONNLEITNER
100% AUTO



Programme & schedule



Friday 13.12.2019

- **until 11:00 am:** arrival, registration, distribution of rooms
location Jugendhotel Tauernhof, Tauernhofstraße 3, 5562 Obertauern, Austria
- **afternoon:** distribution of material, lecture about the use of equipment with our partner DYNAFIT in cooperation with RIAP SPORT. Introduction of basics and different techniques, such as putting on/taking off skins, turns, skiing safely off-piste will take place outdoors.
- **evenings:** lecture about avalanches and emergency equipment with partner PIEPS, market leader for digital detectors for people buried by avalanches etc.

Saturday 14.12.2019

- collective skitour in the mountains of Obertauern with practical introduction to ski mountaineering and avalanche rescue practice with partner PIEPS.
- **evenings:** lecture about planning and designing training for young athletes

Sunday 15.12.2019

- in the morning participation in a trainings-race over app. 150 m height difference divided into age groups.
- **01:00 - 15:00 pm** return of material and departure

The entire program is under the administration of the Austrian state-licensed cross-country teacher Georg Wörter.

Participation

Eligible are all adolescents between the age of 12 and 20.

The participants have to be able to ski and should have experience in ski mountaineering. Documents required: written consent from a parent/legal guardian; accident insurance for competitions and a medical certificate stating the participant is healthy and physically fit.

The prize for all guiding services, training lessons and rental material including accommodation with full board (packed lunch) in Obertauern from 13. - 15.12.2019 at Hotel Sailer in shared rooms (2 nights full board) and including bus transfer if applicable is **EUR 140,-- per participant and EUR 170,-- for adults/trainers/caregivers per person.**

The price for adults/trainers/caregivers is valid, as long as there are enough rooms. In other cases, please book directly via the tourism office in Obertauern.

Arrival and departure as well as other daily expenses have to be organized and paid by participants.



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Equipment & information

The following equipment is required for participation in the event:

- ski mountaineering skis equipped with metallic edges
- binding must allow heel movement on ascent and blocked on descent, front and lateral release compulsory
- ski boots
- a pair of poles
- a pair of climbing skins
- a pair of gloves, covering the entire hand
- clothing for upper and lower body as well as head and limbs protecting against cold, wind and wetness
- a working avalanche beacon
- an avalanche shovel with handle
- avalanche probe with 2,4 m of minimum length
- a backpack of adequate size for meal and clothing and the possibility of ski attachment
- ski mountaineering or skiing helmet
- sunglasses, ski goggles and sunblock is highly recommended in addition to adequate clothing

Equipment may be hired for free - please indicate exact requirements on registration form!

Ski mountaineering races are outdoor- events, where accidents and injuries may occur. An insurance which covers this type of activity (liability insurance/accident insurance, rescue insurance for competitions) is essential.

The operative team in charge at the camp contains of state-licensed mountain guides and voluntary insiders in ski mountaineering. They contribute their experience and know how to promote ski mountaineering skills of interested young sportsmen. The application indicates the acceptance of all preconditions in full coverage by the participant.

Participant's parents are welcome!

Organizer & contact

Information: www.skimo.at

Contact Austria and Organizer:

SKIMO Austria

Mr. Karl Posch, Mail: karl.posch@skimo.at, Tel.: 0043/660/4113091

Kontakt Deutschland:

DAV - German Alpenverein

Mrs. Anine Hell, Mail: Anine.Hell@alpenverein.de, Tel.: 0049/89/1400355

The logo for SKIMO AUSTRIA, featuring the word "skimo" in a stylized red font with "AUSTRIA" in smaller black letters below it.





Registration

Application deadline: 1.12.2019

Name, given name, birth date of full age team manager resp. person of contact

Street

Zip Code, city

Nation

Telephone, e-mail

Name, given name, birth date and level of proficiency of participants

Please indicate here, which material you need to hire

Name, given name, birth date, further caregiver

Note: underaged female participants have to be accompanied at all times by a female caregiver

Declaration: upon signing this agreement I agree to abide by all official rules and conditions. I declare I am at least 19 years of age. I am officially held responsible for the person(s) in my care both during the journey and during participation in the event itself. I will provide written parental consent, a medical certificate and ensure insurance for all participants in my care, attesting that participants fulfil the requirements for taking part in the event. I am fully aware and agree that no damages or claims can be made against the organisers (all those involved in the organisation, instruction, volunteers) of the event, and in case of damage or accident will not hold the organisers responsible in any way, that my signature on this document releases all liability. Personal information provided to the organisers may not be used for public distribution. Any photographs or video produced during the event, or titles won may be used by the organisers for publicity without requiring any further permission. Any payments will not be refunded, including the cases of partial or full cancellation.

Signature, date

Registration to be faxed to:
+43/810/9554178040
via E-mail: office@skimo.at



The International Ski Mountaineering Youth Camp is a cooperation of:



SKIMO Austria - Ski Mountaineering in Austria



ISMF - International Ski Mountaineering Federation



DAV German Alpenverein



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