

13th International Ski Mountaineering Youth Camp



Obertauern/Austria from 13th to15th of December 2019
Participation open for participants aged 12 to 20

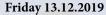








Programme & schedule





- until 11:00 am: arrival, registration, distribution of rooms location Jugendhotel Tauernhof, Tauernhofstraße 3, 5562 Obertauern, Austria
- afternoon: distribution of material, lecture about the use of equipment with our partner DYNAFIT in cooperation with RIAP SPORT. Introduction of basics and different techniques, such as putting on/taking off skins, turns, skiing safely off-piste will take place outdoors.
- evenings: lecture about avalanches and emergency equipment with partner PIEPS, market leader for digital detectors for people buried by avalanches etc.

Saturday 14.12.2019

- collective skitour in the mountains of Obertauern with practical introduction to ski mountaineering and avalanche rescue practice with paterner PIEPS.
- evenings: lecture about planning and designing training for young athletes

Sunday 15.12.2019

- in the morning participation in a trainings-race over app. 150 m height difference devided into age groups.
- 01:00 15:00 pm return of material and departure

The entire program is under the administration of the Austrian state-licensed cross-country teacher Georg Wörter.

Participation

Eligible are all adolescents between the age of 12 and 20.

The participants have to be able to ski and should have experience in ski mountaineering. Documents required: written consent from a parent/legal guardian; accident insurance for competitions and a medical certificate stating the participant is healthy and physically fit.

The prize for all guiding services, training lessons and rental material including accommodation with full board (packed lunch) in Obertauern from 13. - 15.12.2019 at Hotel Sailer in shared rooms (2 nights full board) and including thus transfer if applicable is EUR 140,-- per participant and EUR 170,-- for adults/trainers/caregivers per person.

The price for adults/trainers/caregivers is valid, as long as there are enough rooms. In other cases, please book directly via the tourism office in Obertauern.

Arrival and departure as well as other daily expenses have to be organized and paid by participants.



Equipment & information

The following equipment is required for participation in the event:

- ski mountaineering skis equipped with metallic edges
- binding must allow heel movement on ascent and blocked on descent, front and lateral release compulsory
- ski boots
- · a pair of poles
- a pair of climbing skins
- a pair of gloves, covering the entire hand
- clothing for uper and lower body as well as head and limbs protecting against cold, wind and wettness
- a working avalanche beacon
- an avalanche shovel with handle
- avalanche probe with 2,4 m of minimum lenght
- a backpack of adequate size for meal and clothing and the possibility of ski attachment
- · ski mountaineering or skiing helmet
- sunglasses, ski goggles and sunblock is highly recommended in addition to adequate clothing

Equipment may be hired for free - please indicate exact requirements on registration form!

Ski mountaineering races are outdoor- events, where accidents and injuries may occur. An insurance which covers this type of activity (liability insurance/accident insurance, rescue insurance for competitions) is essential.

The operative team in charge at the camp contains of state-licensed mountain guides and voluntary insiders in ski mountaineering. They contribute their experience and know how to promote ski mountaineering skills of interested young sportsmen. The application indicates the acceptance of all preconditions in full coverage by the participant.

Participant's parents are welcome!

Organizer & contact

Information: www.skimo.at

Contact Austria and Organizer:

SKIMO Austria

Mr. Karl Posch, Mail: karl.posch@skimo.at, Tel.: 0043/660/4113091

Kontakt Deutschland:

DAV - German Alpenverein

Mrs. Anine Hell, Mail: Anine.Hell@alpenverein.de, Tel.: 0049/89/1400355









Registration

Application deadline: 1.12.2019

| Name, given name, birth | n date of full age team manage | er resp. person of contact |
|--|--|----------------------------------|
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| Street | Zip Cod | le, city |
| Nation | Telephone, e-mail | |
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| | ATT TO STATE OF THE STATE OF TH | |
| Name, given name, birth | n date and level of proficiency | of participants |
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| Please indicate here, whi | ich material you need to hire | The second second |
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| | | |
| Name, given name, birth | date, further caregiver | |
| | | npanied at all times by a female |
| caregiver | | |
| Declaration, upon signing this agrees | nont Lagrage to abide by all official rules | |
| and conditions. I declare I am at lea | nent I agree to abide by all official rules st 19 years of age. I am officially held | |
| participation in the event itself. I wil | re both during the journey and during l provide written parental con¬sent, a | |
| sting that participants fulfil the requi | nce for all participants in my care, atte- rements for taking part in the event. I | |
| organisers (all those involved in the o | ages or claims can be made against the organisation, instruction, volunteers) of | |
| responsible in any way, that my signa | accident will not hold the organisers ture on this document releases all lia- | Signature, date |
| | to the organisers may not be used for or video produced during the event, or | Registration to be faxed to: |
| | ers for publicity without requi¬ring any ll not be refunded, including the cases | +43/810/9554178040 |
| of partial or full cancellation. | | via E-mail: office@skimo.at |



The International Ski Mountaineering Youth Camp is a cooperation of:







SKIMO Austria - Ski Mountaineering in Austria

ISMF - International Ski Mountaineering Federation

DAV German Alpenverein



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