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13/03 VERTICAL RACE


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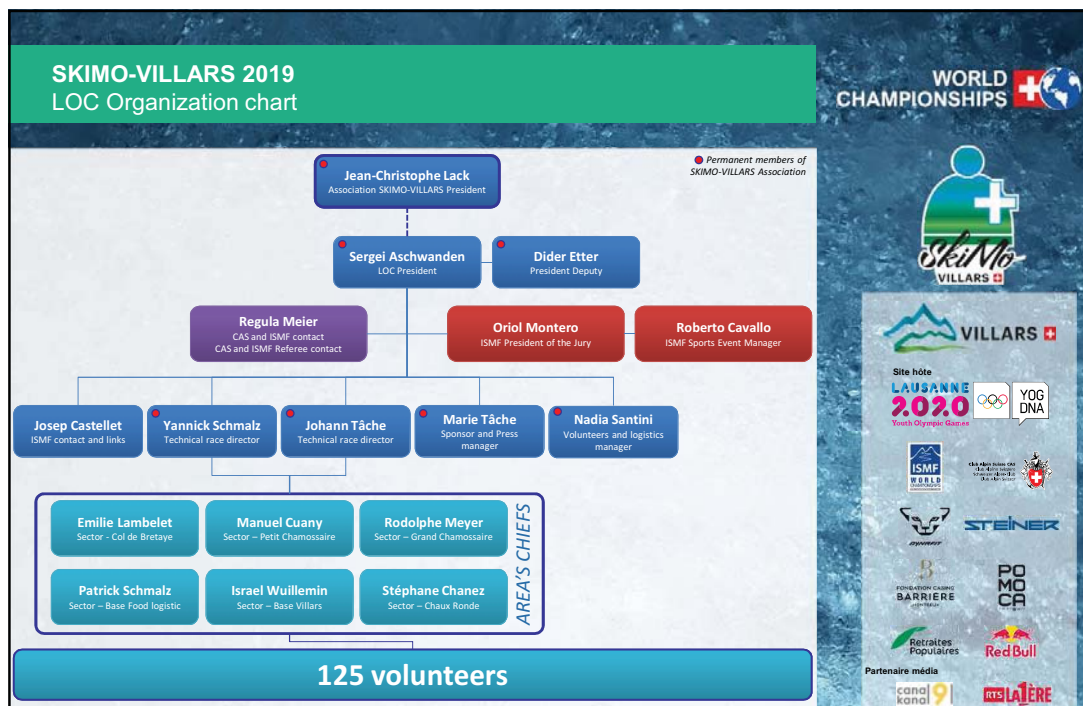
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VERTICAL RACE

The race jury

Race Jury

• President of the Jury:	Oriol Montero
• LOC Race Director:	Johann Tâche & Yannick Schmalz
• LOC Trail Director:	Johann Tâche & Yannick Schmalz
• First ISMF Race referee:	Stefano Mottini
• Second ISMF Race referee:	Daniel Bühlmann
• Ranking Manager:	Alain Lanxade
• ISMF Event Manager:	Roberto Cavallo
• ISMF Technical Delegate:	Jordi Canals

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VERTICAL RACE

Mandatory equipment (check ISMF regulations for detailed description)

• Passport or ID card (on the finish line)	Mandatory
• Skis	Mandatory
• Bindings	Mandatory
• Boots	Mandatory
• Ski poles	Mandatory
• Skins	Mandatory
• Upper body clothing (3 layers)	Mandatory
• Lower body clothing (2 layers)	Mandatory
• DVA (avalanche detector)	NOT Mandatory
• Helmet	Mandatory
• Snow shovel	NOT Mandatory
• Snow probe	NOT Mandatory
• Survival blanket	NOT Mandatory
• Gloves	Mandatory
• UV-protection sunglasses	NOT Mandatory
• Rucksack	Mandatory
• Whistle	NOT Mandatory

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VERTICAL RACE

Mandatory equipment (check ISMF regulations for detailed description)

• Metallic crampons	NOT mandatory
• Harness	NOT mandatory
• Via Ferrata kit	NOT mandatory
• 2 via ferrata connectors	NOT mandatory
• Additional upper body thermal fleece layer of clothing	NOT mandatory
• Ski cap or head band	NOT mandatory
• Second pair of gloves	NOT mandatory
• Headlamp in fully working order	NOT mandatory
• A dynamic rope	NOT mandatory
• Additional skins	NOT mandatory





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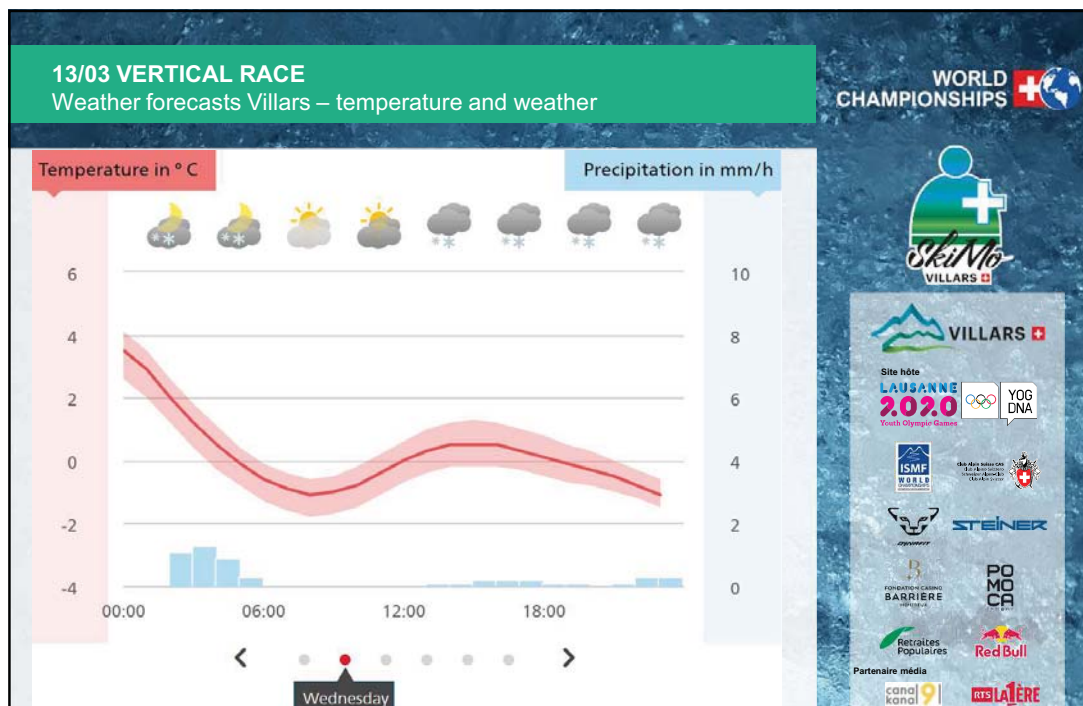




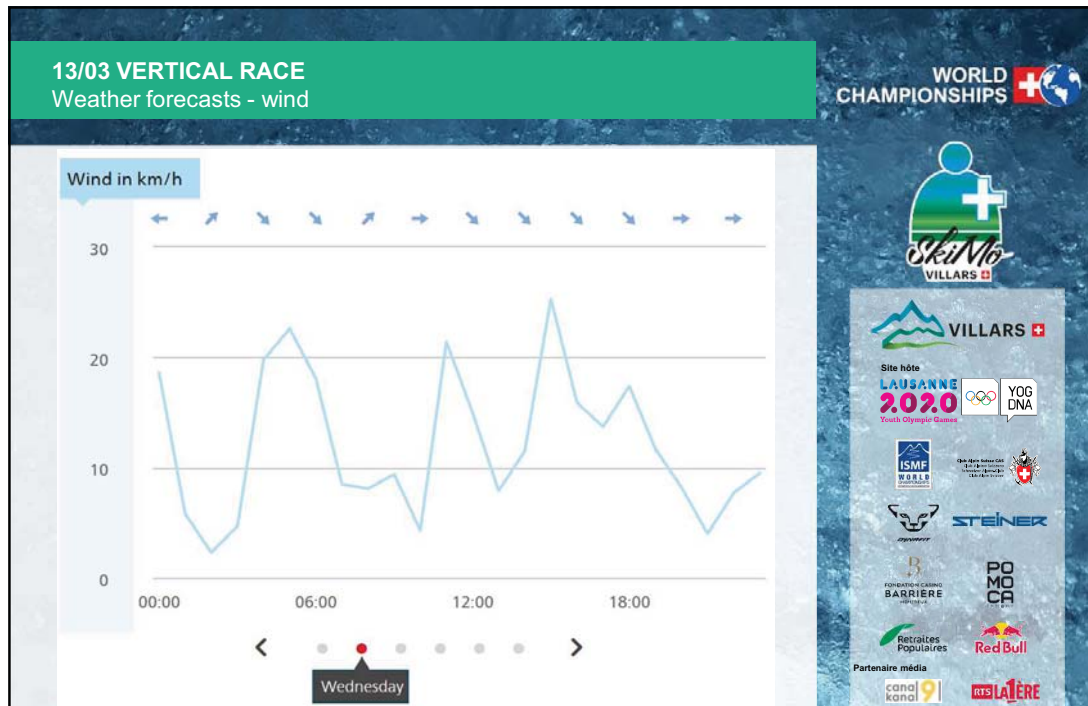




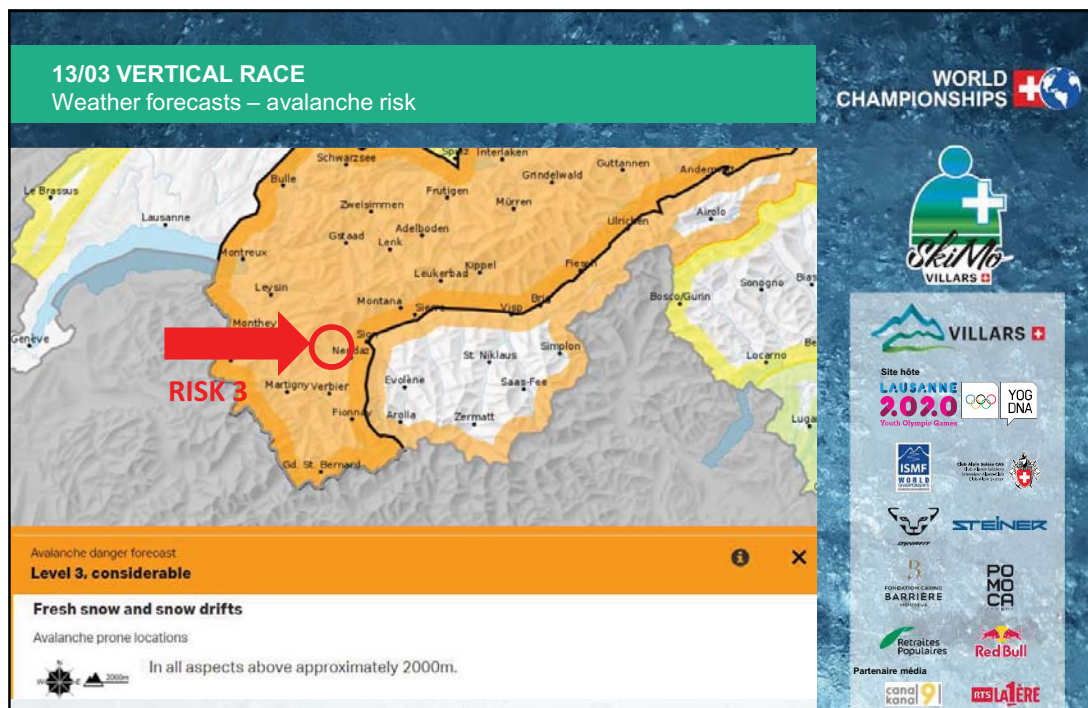
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13/03 VERTICAL RACE – IMPORTANT INFORMATION

 **SCHEDULE CAN CHANGE/ADVANCED!**
 AFTER AN EVALUATION OF THE WEATHER FORECAST FOR TOMORROW THE JURY OF THE RACE, WITH THE APPROVAL OF THE ISMF TECHNICAL TEAM, HAS DECIDED TO FINISH THE VERTICAL RACE IN COL DE BRETAYE FOR SAFETY REASONS. THEREFORE THE UPHILL WILL BE REDUCED TO 470M.

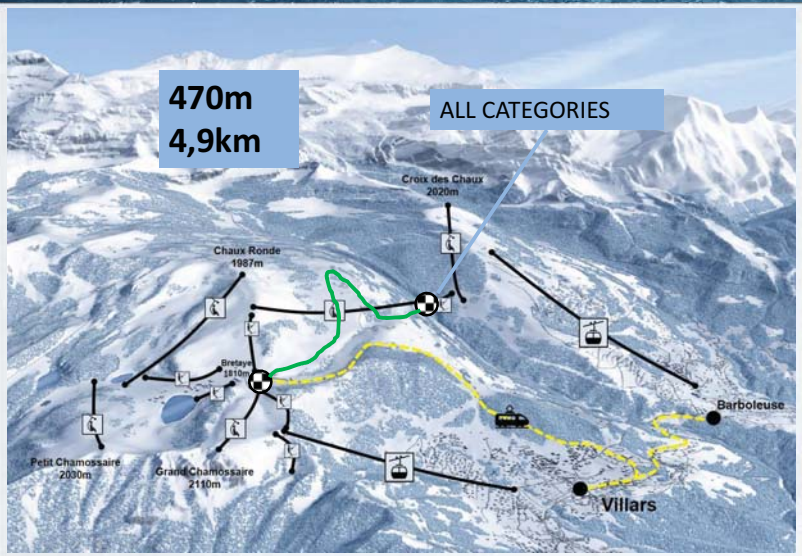
 **LES HORAIRES PEUVENT CHANGER/AVANCER!**
 APRES EVALUATION DE LA PREVISION METEO POUR DEMAIN, LE JURY DE LA COURSE AVEC L'EQUIPE TECHNIQUE DE L'ISMF A DECIDE DE FINIR LA COURSE VERTICAL RACE A COL DE BRETAYE. POUR CETTE RAISON LA DENIVELEE EST REDUITE A 470M.





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13/03 VERTICAL RACE
 Itinerary

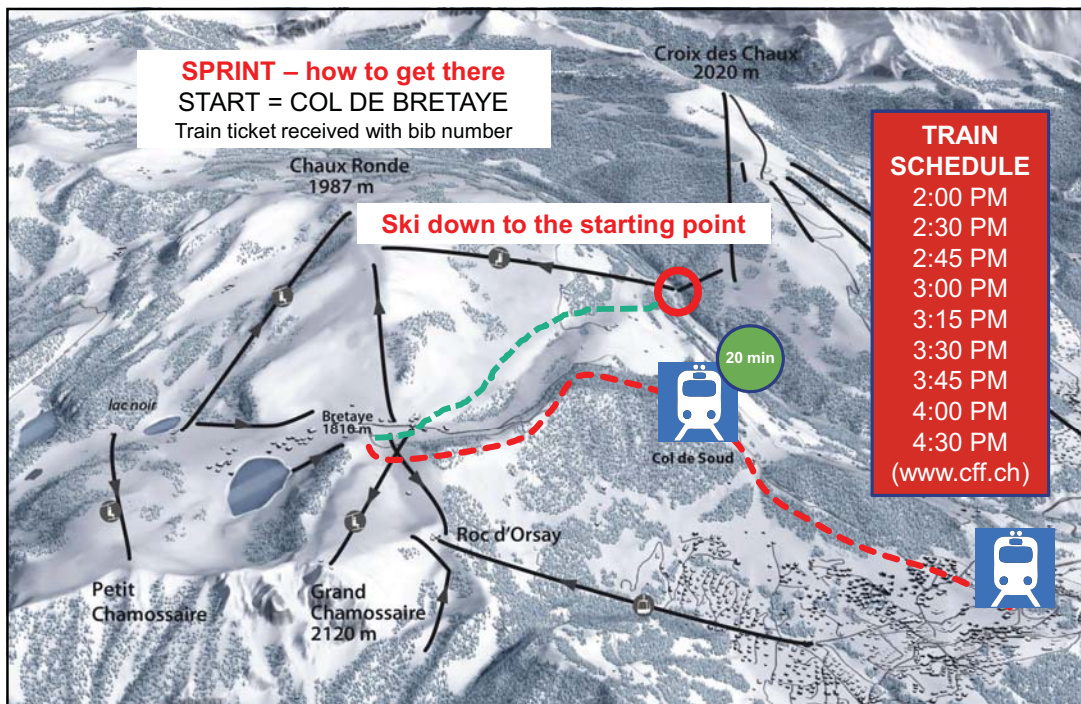





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13/03 VERTICAL RACE

Start times

	Start	Estimated times	
	time	Finish	Flowers ceremony
Popular race	15:00		
Cadet Women	15:30	15:54	16:20
Junior Women	15:30	15:52	16:20
Cadet Men	15:50	16:12	16:20
Junior Men	15:50	16:08	16:20
Senior Women	16:20	16:40	17:00
Senior Men	16:30	16:47	17:00




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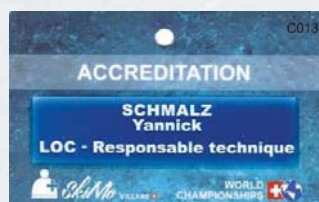

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13/03 VERTICAL RACE

Train tickets

Accreditation



or bib number

=

train ticket
for Col de Bretaye




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12/03 VERTICAL RACE
 Chip and bib numbers

Bib numbers -> RACE OFFICE boxes



Right leg

Backpack






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13/03 VERTICAL RACE

 **SCHEDULE CAN CHANGE/ADVANCED!**
 IN CASE OF ANTI-DOPING CONTROL, THE CHAPERONS WILL ACCOMPANY THE ATHLETES WITH THE TRAIN TO VILLARS, WHERE THE CONTROL WILL TAKE PLACE.

 **LES HORAIRES PEUVENT CHANGER/AVANCER!**
 DANS LE CAS DE CONTROL ANTI-DOPAGE, LES CHAPERONS ACCOMPAGNERONT LES ATHLETES AVEC LE TRAIN A VILLARS, OU LE CONTROL AURA LIEU.

 **DIE ZEITEN KÖNNEN GEÄNDERT/VORVERSCHOBEN WERDEN!**
 FÜR EVENTUELLE ANTI DOPING KONTROLLEN BEGLEITEN DIE CHAPERONS DIE AUSGEWÄHLTEN ATHLETEN MIT DEM ZUG NACH VILLARS, WO DIE KONTROLLEN DURCHGEFÜHRT WERDEN.

 **LOS HORARIOS PUEDEN CAMBIAR/AVANZARSE!**
 EN CASO CONTROL ANTIDOPAGE, LES CHAPERONS ACOMPAÑARAN A LOS ATLETAS CON EL TREN A VILLARS, DONDE SE PROCEDERA AL CONTROL.




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13/03 VERTICAL RACE
 Program *(new timetable!!)*

Hour	Event	Location	Who ?	Details
06h30 - 09h30	Breakfast	Eurotel Victoria	All	Accreditation mandatory
From 07h00	Accreditation withdrawal	Race Office	All	
11h30 - 14h30	Lunch	Eurotel Victoria		Accreditation mandatory
15h00	Start Popular Race (40 racers)		Populaires	620 D+
15h30-15h50	Start Vertical Race		SM,SW, EM, EW, JM	470 D+
16h20-16h30	Start Vertical Race		JW, CM, CW	470 D+
16h30-17h10	Flower ceremony	Col de Bretaye	Top 3	
18h15	LAST TRAIN DOWN TO VILLARS			
18h30 - 20h00	Dinner - Teams	Eurotel Victoria	All	Accreditation mandatory
From 20h00	Podium Vertical Race	Eurotel Victoria	All athletes	
20h15 - 22h00	Dinner - Officials & Staff	Eurotel Victoria	All	Accreditation mandatory
From 20h30	Recreational activity			

[SM = senior homme] [SW = senior femme] [EM = espoir homme]
 [EW = espoir femme] [JM = junior homme] [JW = junior femme]
 [CM = cadet homme] [CW = cadet femme]



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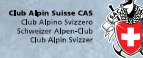


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HAVE FUN !






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