



10. International Ski Mountaineering Youth Camp

on the Pitztal Glacier/Austria from 7th-10th of December 2017
Participation open for participants aged 12 to 19



Photo: Karl Posch



RIAP SPORT
Bad Reichenhall

SONNLEITNER
100% AUTO



Programme & schedule



Thursday 7.12.2017

- 12:00 - 06:00 p.m.: arrival, registration, distribution of rooms and material
- Hotel Sailer, St. Margarethen 643, 6473 Wenns/Pitztal, Austria
- evenings: lecture about the use of material with our partner DYNAFIT in cooperation with RIAP SPORT

Friday 8.12.2017

- collective skitour with practical introduction to ski mountaineering at the Pitztal Skitour Park. During the skitour, experienced guides will introduce basics and different techniques, such as putting on/taking off skins, turns, skiing safely off-piste etc. Fun is a priority, including as many practical exercises as possible.
- evenings: lecture about avalanches and emergency equipment with partner PIEPS, market leader for digital detectors for people buried by avalanches etc.

Saturday, 9.12.2017

- avalanche rescue practice at the Pitztal Skitour Park.
- participation in a trainings-race over app. 150 m height difference with sprint character. Participants are divided into age groups. Tips from race professionals included!
- evenings: lecture about planning and designing training for young athletes

Sunday, 10.12.2017

- collective skitour with alpine character
- 01:00 - 03:00 p.m. return of material and departure

The entire program is under the administration of the Austrian state-licensed mountain guide Paul Koller.

Participation

Eligible are all adolescents between the age of 12 and 19 (1998-2005).

The participants have to be able to ski and should have experience in ski mountaineering. Documents required: written consent from a parent/legal guardian; accident insurance for competitions and a medical certificate stating the participant is healthy and physically fit.

Accommodation with full board in Wenns/Pitztal from 7. - 10.12.2017 at Hotel Sailer in shared rooms (3 nights full board) and including three ascents and descents with the „Glacier Express“ is **EUR 124,- per participant and EUR 159,- for adults/trainers/caregivers per person**. The price for adults/trainers/caregivers is valid, as long as there are enough rooms. In other cases, please book directly via the tourism office in Pitztal.

Arrival and departure as well as other daily expenses have to be organized and paid by participants.



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Rules & equipment

The following equipment is required for participation in the event:

- ski mountaineering skis (equipped with metallic edges on at least 90 % of their length, and with a minimum width of 60 mm under the foot. The bindings must allow heel movement on ascent and blocked on descent, front and lateral release and a front binding with lock/unlock positions
- boots must be high enough to cover the ankles, have 2 buckles and a sole to covering 75% with a minimum depth of notches of 4 mm
- a pair of ski poles without metallic baskets
- a backpack of adequate size for meal and clothing
- a pair of climbing skins
- a working avalanche beacon which conforms to standard frequency 457 KHz
- hat, race suit-hood or headband
- gloves, covering the entire hand
- upper body clothing: three layers, one of them with long sleeves
- lower body clothing: two long layers
- helmet (race helmets complying with EN12492 or cycling helmet)
- regular avalanche shovel of at least 0,04 m² and handle with L- or T- design
- avalanche probe with 2,4 m of length and minimum Ø of 10 mm
- a rescue blanket (aluminium) of at least 1,8 m²
- clothing has to be adequate for winterly conditions, additionally sunglasses, ski goggles and sunblock is highly recommended

Equipment may be hired for free - please indicate exact requirements on registration form!

Ski mountaineering races are outdoor- events, where accidents and injuries may occur. An insurance which covers this type of activity (liability insurance/accident insurance, rescue insurance for competitions) is essential.

The operative team in charge at the camp contains of state-licensed mountain guides and voluntary insiders in ski mountaineering. They contribute their experience and know how to promote ski mountaineering skills of interested young sportsmen.

Participant's parents are welcome!

Organizer & contact

Information: www.skimo.at

Contact Austria:

SKIMO Austria

Mr. Karl Posch, Mail: karl.posch@skimo.at, Tel.: 0043/660/4113091

Contact Germany:

DAV - German Alpenverein

Mr. Matthias Keller, Mail: matthias.keller@alpenverein.de, Tel.: 0049/172/8180533





Registration

Anmeldeschluss: 26.11.2017

Name, given name, birth date of full age team manager resp. person of contact

Street

Zip Code, city

Nation

Telephone, e-mail

Name, given name, birth date and level of proficiency of participants

Please indicate here, which material you need to hire

Name, given name, birth date, further caregiver

Note: underaged female participants have to be accompanied at all times by a female caregiver

Declaration: upon signing this agreement I agree to abide by all official rules and conditions. I declare I am at least 19 years of age. I am officially held responsible for the person(s) in my care both during the journey and during participation in the event itself. I will provide written parental consent, a medical certificate and ensure insurance for all participants in my care, attesting that participants fulfil the requirements for taking part in the event. I am fully aware and agree that no damages or claims can be made against the organisers (all those involved in the organisation, instruction, volunteers) of the event, and in case of damage or accident will not hold the organisers responsible in any way, that my signature on this document releases all liability. Personal information provided to the organisers may not be used for public distribution. Any photographs or video produced during the event, or titles won may be used by the organisers for publicity without requiring any further permission. Any payments will not be refunded, including the cases of partial or full cancellation.

Signature, date

Registration to be faxed to:
+43/810/9554178040
via E-mail: office@skimo.at





The International Ski Mountaineering Youth Camp is a cooperation of:



SKIMO Austria - Ski Mountaineering in Austria



International Ski
Mountaineering
Federation

ISMF - International Ski Mountaineering Federation



Deutscher Alpenverein

DAV German Alpenverein



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